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**Mechanical vibration and shock —  
Guidance on safety aspects of tests and  
experiments with people —**

**Part 1:**

**Exposure to whole-body mechanical vibration  
and repeated shock**

*Vibrations et chocs mécaniques — Lignes directrices concernant  
les aspects de sécurité des essais et des expérimentations réalisés sur des  
sujets humains —*

*Partie 1: Exposition de l'ensemble du corps aux vibrations mécaniques et  
aux chocs répétés*



## Contents

|                                                                                                                                                      | Page      |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>1 Scope</b> .....                                                                                                                                 | <b>1</b>  |
| <b>2 Normative references</b> .....                                                                                                                  | <b>1</b>  |
| <b>3 Definitions</b> .....                                                                                                                           | <b>2</b>  |
| <b>4 Hazards of mechanical vibration and repeated shock experiments on human test subjects</b> .....                                                 | <b>2</b>  |
| <b>5 Classifying experiments according to severity of vibration exposure</b> .....                                                                   | <b>4</b>  |
| <b>6 Practice for laboratory tests and experiments</b> .....                                                                                         | <b>5</b>  |
| <b>7 Selection of human test subjects</b> .....                                                                                                      | <b>8</b>  |
| <b>Annexes</b>                                                                                                                                       |           |
| <b>A (informative) Severity of exposure</b> .....                                                                                                    | <b>9</b>  |
| <b>B (informative) Example of consent form for a human test subject in mechanical vibration and repeated shock experiments</b> .....                 | <b>11</b> |
| <b>C (informative) Medical contra-indications to participation in experiments involving whole-body mechanical vibration and repeated shock</b> ..... | <b>12</b> |
| <b>D (informative) Principles pertaining to the use of human subjects</b> .....                                                                      | <b>14</b> |
| <b>E (informative) Design of equipment</b> .....                                                                                                     | <b>16</b> |
| <b>F (informative) Guidelines for the preparation of an experimental or test protocol for submission to an Ethical Committee</b> .....               | <b>20</b> |
| <b>G (informative) Bibliography</b> .....                                                                                                            | <b>23</b> |

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